

PARENT HANDBOOK

Noah's Ark Child Care Center is a non-profit organization whose mission is to provide quality early childhood education and accessible, affordable support services for families, staff and the community.

Welcome to Noah's Ark Child Care Center!

It's our goal to provide your family and your child with a positive child care and early childhood education experience. We strive to make Noah's a place where children, parents, and staff feel comfortable, and where children are safe, nurtured, and educated in a caring environment. Together, teachers, parents, and children can make this environment a reality.

The following information is provided to help answer any questions you may have regarding our policies and procedures. Communication is the key to a high-quality program. Please stop by the office at any time you have questions or concerns. If you are unable to drop by in the morning or evening, give us a call at lunch or during your break.

Thank you for giving us the opportunity to care for and nurture your child!

Kari Reed

Executive Director

kreed@noahsarknh.org

Cheryl Greenough
Assistant Director
cgreenough@noahsarknh.org

Brandi Latuch
Assistant Director
blatuch@noahsarknh.org

TABLE OF CONTENTS

An Introduction	6
In the beginning	6
Our Philosophy	7
Confidentiality Policy	7
Licensing	7
Tax ID#	7
Waiting List	7
Our Staff	8
Ratios	8
Training and Qualifications	8
Hours of Operation	8
Holidays	8
Weather Closures	8
Enrollment Information	9
Full and Part-Time Policies	9
Drop-In Policy	9
Before- and After-School Programs and School Vacations	9
Tuition	10
Fees	10
Registration Fee	10
Payment Methods	10
Payment Policies	10
Returned Check Policy	10
Late Payment Fees	10
Tuition Assistance/ Scholarships	10
Sibling Discount	11
Vacation Week	11
Summer Enrollment/Extended Leaves	11
Tax Statements	11
Termination Policy	11
Grievance Procedure	12

Withdrawal Policy	12
Arrival and Departure Information	12
Parking Lot	12
Dropping Off and Picking Up	12
Alternate Pick-Up Contacts	13
Late Pick-Up	13
The Classrooms	14
Our Ark	14
Placement Policy	14
Moving Up	14
Curriculum	14
Nap Time	15
Diapers and Toilet Training	15
Clothing	15
Toys from Home	15
Discipline	15
Birthdays	16
Lost & Found	16
Photo Release	16
Food	16
Lunch and Snacks	16
Health and Wellbeing	17
Schedule Changes and Absences	17
Child Health Records and Requirements	17
Health and Illness Policy	17
When to Keep Your Child Home	18
Illness at School	18
Medication Policy	18
Emergency Health and Accident Plan	19
Accident and Incident Forms	19
Medical History	19
Mandatory Reporting	19
Security Procedures	19

Communication	20
Parent Folders	20
Bulletin Boards	20
Newsletters	20
Parent Conferences	20
Parent Involvement	20
Board of Directors	20
Visitation	21
Volunteering, Donations and Fundraising	21
Parent Contract	22

INTRODUCTION

In the beginning. . .

Formerly the child care center at the Parish of St. Francis on Brown Avenue in Manchester, Noah's Ark Child Care Center's story starts with the City of Manchester's purchase of the Parish property in 1999 to allow for expansion of the Manchester-Boston Regional Airport. The Parish, planning to relocate to Litchfield in June of 2000, notified parents that the child care center would not be part of that move.

Together, then-Executive Director Maryann Magoun, and then-Director Karen Sullivan worked with an extraordinary group of volunteers, parents, and staff to establish Noah's Ark Child Care Center, a non-profit center, to continue to provide support and care for local families and children. The child care center at St. Francis opened under its new name on February 11, 2000, with plans to find a permanent location.

Choosing 491 East Industrial Park Drive, Noah's current home, as the new location for the Center showed creativity and foresight. An aging warehouse in a busy industrial park was not exactly a natural choice, but it was a good one. What better way to continue meeting the needs of the community than to bring high-quality, affordable child care to the workplace by moving it in next door?

With the help of the New Hampshire Community Loan Center*, Providian Bank and the building's former owner, Robert Singer, Noah's "Ark in the Park" became a reality. After renovating one half of the building and performing an amazingly seamless move without interruption of service on December 31, 2000, the Center began the new year in its new home. The New Hampshire Community Loan Fund's continued support helped Noah's Ark Child Care Center purchase its portion of the building in March 2002.

Our child care program is licensed and regulated by the New Hampshire Department of Health and Human Services, Child Care Licensing Bureau. A copy of current regulations is available online. Our facility and food program are also regularly inspected by the Manchester Health Department and Manchester Fire Department. As a non-profit organization, Noah's Ark is governed by a Board of Directors comprised of parents and community members who serve the Center in a volunteer capacity.

Today, Noah's Ark Child Care Center continues to grow and thrive. Children ages six weeks through kindergarten learn and play in our nine classrooms. We serve a wonderfully diverse group of families from Manchester and the surrounding area. This diversity has been our greatest strength. Parents, grandparents, brothers, sisters, aunts, uncles, friends, staff and colleagues play a part in nurturing and educating our Noah's community. If you think you can help in any way, we welcome you to get involved. All of our children will benefit!

*The New Hampshire Community Loan Center is a non-profit organization that lends funds and assistance to community initiatives that help low- and moderate-income families gain access to housing, services and employment opportunities.

Our Philosophy

We believe all children pass through stages of development at their own rate. To us, your child is a unique person who needs love, security, guidance, acceptance, and encouragement on his or her journey toward independence.

This philosophy ensures the quality care, nurturing and development of the whole child. We provide an environment which promotes the emotional stability, social acceptance, physical wellbeing, and developmental capabilities of each individual child. We respect each child, and encourage respect in them for adults, peers, the environment, the community and above all, themselves.

Our goal at Noah's Ark is to provide the highest quality child care and early childhood educational programming for infants, toddlers, preschool and school age children of the greater Manchester and southern New Hampshire community.

We recognize the challenges facing working families in our community, and Noah's Ark strives to work closely with parents to coordinate our efforts with theirs to address the needs of all of our children.

Confidentiality Policy

At Noah's Ark, we respect the privacy of all of our families. Any personal information you share with our staff will remain confidential. The members of the Board of Directors sign a confidentiality agreement that states all financial and personal information is confidential. In addition, your home, business and personal telephone, address, cell phone and e-mail information will not be shared with any other businesses or companies. We may ask permission to include your information in class directories, and center wide e-mail contact lists. You will be asked to give your permission for the release of these items in the parent contract at the end of this handbook.

Licensing

Noah's Ark Child Care Center is licensed by the State of New Hampshire Bureau of Child Care Licensing (license #5384). Copies of our licensing reports are in the office and posted in the foyer.

Tax ID#

The Noah's Ark Tax ID # is 02-0510860. Because we are a non-profit organization, donations made to the Center are tax-deductible.

Waiting List

We understand that quality, affordable child care is a challenge to find. We maintain a waiting list for all age groups at our Center. There is a paid, non- refundable deposit of \$100 and first weeks tuition required in order to be placed on the waitlist. In addition, because we strongly believe in supporting our Noah's families, we will hold places for new siblings of children already in attendance with a non-refundable deposit of the first week's tuition for the new baby.

OUR STAFF

Our dedicated team of teachers is made up of experienced early childhood educators. We pride ourselves on the longevity of our team of teachers and staff. This provides the stability required to foster and encourage each child to trust, grow and develop. Our teachers and staff use their skills to evaluate the needs of the group and each individual child, and then adjust activities accordingly.

Ratios

At Noah's Ark, we strive to exceed the State of NH requirements for staff to child ratio. Beginning in the infant room, we average a 3:1 ratio (state requires 4:1). As children move up through the rooms, those ratios change with the age of the children, but always with the best interests of the children and the highest quality of care.

Throughout your child's time in the infant and young toddler rooms, your child will have a primary caregiver within the staff of that room. While your child will be cared for by all staff, the primary caregiver will get to know you and your child and will adapt to your child's individual schedule.

In all classrooms, children will have a lead teacher as well as associate teachers and child care assistants.

Training and Qualifications

Our staff is led by the executive director, two assistant directors and lead teachers who have extensive experience and training in early childhood education. We provide on-going training for all staff and require staff to participate in at least 18 hours of professional development each year, in compliance with state regulations. In addition, we continue to provide training to our staff in first aid, CPR, water safety and medication administration.

HOURS OF OPERATION

Our hours of operation are Monday through Friday, 6:45 a.m. to 5:45 p.m., year-round. Hours are subject to change, on a temporary basis, due to unforeseen circumstances.

Holidays

Noah's Ark is closed on the following holidays: New Year's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving, the day after Thanksgiving, and Christmas. Floating holidays may be observed around Christmas,4th of July and/or New Years. Noah's Ark closes at 3:00 pm on Christmas Eve. Weekly tuition remains the same regardless of holidays/closings.

Weather and Other Health and Safety Closures

Our practice has been to remain open, regardless of the weather. However, in the event of a major storm or other health and safety issue, we will broadcast closings, as well as late openings and early closings, on **WMUR-TV** (wmur.com). Parents may also follow Noah's Ark Child Care Center's Facebook page and subscribe to Nixle cell phone alerts by texting NOAHSARK to 888777.

Center Closures

In the event of a local, state, or national emergency (ex. Pandemic or evacuation) which requires the Center to close during operating hours, parents will be contacted directly by telephone on an individual basis. If the center remains closed for an extended period of time, normal tuition rates will continue to be charged unless you withdraw your child pursuant to our policy set forth below.

ENROLLMENT INFORMATION

Full- and Part-Time Policies

At Noah's Ark, we offer a unique child care option in scheduling. Children may be enrolled on a full-time basis (5 days per week) or on a part-time basis (2 or 3 days per week). We do not offer a half-day program. Part-time enrollment means that specific days are chosen for your child to attend. These scheduled days must be paid for, regardless of attendance, to reserve the space for your child.

Drop-In Policy

Children who are registered at the Center on a part-time basis may take advantage of our Drop-In policy. In the event you need child care on a day when your child is not scheduled, you are welcome to inquire as to whether there is space on that day. The rate for drop-ins is the daily rate for part-time children according to the age group. Sibling discount rates do not apply to one day drop-ins.

Before & After School Programs and School Vacations

We offer both before-school and after-school care for school-age children (up to age 8) as well as children enrolled in our kindergarten program. Rates for these programs are in our fee schedule.

Our kindergarten follows the Manchester School District calendar. There will not be class on school vacation days, however, we do offer care for school-age children as well as our kindergarteners on these days. We require advance notice if you plan to have your child attend on these days, as space is limited.

Extended Leaves

This policy applies to extended leaves, such as maternity leave. Families wishing to reduce attendance without withdrawing their child during leave may temporarily reduce their child's schedule to no less than 2 times a week while still maintaining their ability to transition back to a full-time schedule when leave is over. For such extended leaves, a leave date and a re-start date must also be provided in advance and adhered to in order to facilitate scheduling. The maximum leave time is 12 weeks.

Withdrawal Policy

We require two weeks written notice and full payment should you decide to withdraw your child from the Center. Any outstanding payments must be made before the family's departure, or a collections agency will be hired to pursue the balance of the payment owed, and charges for the agency will be billed to the family.

Termination Policy

Although we strive to meet the needs of all children and families in our Center, there are instances in which we must discharge a child from our care. Cases that would warrant such action include, but are not limited to:

- a) Continuing conduct which negatively affects other children at the Center, such as threats or violence directed toward children, staff or self; see discipline or expulsion policy page 15.
- b) Continued failure on the part of the parent or guardian to work cooperatively and collaboratively with the Center to address issues that arise at school.
- c) Non-payment, with no action taken toward making a payment plan, for three consecutive weeks.
- d) Failure to follow Noah's Ark policies and procedures.
- e) Failure of parent or guardian to follow correct admission procedures, especially as they relate to submission of required forms; such as the yearly physical form.
- f) Repeated tardiness at pick-up.
- g) Solicitation of Staff to provide personal child care (ex. nanny).

We will make every effort to rectify these problems before discharging a child. This may include, but is not limited to; meeting with lead teachers, meeting with administration, or a hearing of your case by the Board of Directors. You have the right to appeal to the Board regarding termination of child care services.

TUITION

Tuition is based on a child's chronological age and scheduled days attending the Center. The fee schedule is posted on the Parent Information bulletin board and is available in the office. Tuition includes:

- Morning and afternoon snacks
- Catered lunch prepared according to USDA guidelines.
- Whole milk and 100% fruit juice.
- Baby wipes for the infant and toddler rooms.

Rate increases are effective July 1, with the adoption of a new annual budget. The Board of Directors makes every effort to have minimal tuition increases while maintaining the high level of care for our children.

Registration Fee

In order to enroll your family in the center there is a one-time registration fee of \$100 per family.

Payment Methods

We accept cash or checks. Payment may be given directly to the administration or left in the payment box located adjacent to the front door. Checks should be made payable to NACCC. You may also inquire with your bank or credit union about paying Noah's Ark online with an automatic payment each week, similar to the online payment of other household bills.

Payment Policies

Tuition is due by Friday in advance of the following week's child care services. If you choose to pay monthly, payment is due on the 1st of each month, in advance. As our costs remain fixed, the weekly tuition fees remain the same whether your child attends the Center or not. You are responsible for the agreed tuition fee regardless of your child's attendance. To hold your child's space, tuition is required to be paid in full during absences or vacations.

Returned Check Policy

A fee of \$10.00 will be assessed for any check returned for insufficient funds.

Late Payment Fees

- If tuition is more than five business days late, a charge of \$25 will be added to your statement.
- If more than two weeks of tuition goes unpaid, you will receive a probationary letter and must meet with the administration to determine a payment plan.
- If tuition is unpaid for three consecutive weeks, with no action taken toward making or following a payment plan, your child shall be dismissed from Noah's Ark.

Sibling Discount

If you have two or more children enrolled in our facility, you will receive a 10% discount on the second child and a 15% discount on each additional child. **The sibling discount does not apply to one day drop-ins.**

Tuition and Tax Statements

Annual tax statements will be provided. These statements will reflect a year-to-date summary of payments. In addition, weekly statements will be produced for each family and will reflect weekly tuition fees and payments towards the balance.

SECURITY

Noah's Ark Child Care Center is committed to ensuring the safety of your children. The front office is always staffed to be sure that visitors are attended to as they arrive at the Center. Our Center is equipped with multiple panic buttons that are linked directly to the Manchester Police Department and strobe lights in every classroom that can silently alert teachers to any potential problems with a single touch. Thirty-three closed circuit security cameras allow our administrators to supervise the parking lot, entrances and exits, building perimeter, hallways, and classrooms. The Center routinely conducts emergency preparedness drills, and our highly-qualified teachers always have the children's safety at the top of their minds.

Our security measures are only effective if everyone follows our procedures. With that in mind, parents and guardians are required to observe the following procedures to ensure the safety of the Center and, ultimately, the children:

- Children must be dropped-off and picked-up through the main entrance.
- Each parent or guardian is issued a key card or key fob for access to the building.
 Parents must report lost card keys immediately to the office. A replacement card key will be provided at a cost of \$5.
- Parents who habitually ask to be "buzzed-in" without a card will have their existing card key deactivated and a new card key issued at a cost of \$5.
- Please do not hold open the security doors for anyone behind you. Although it may not seem polite, the safety and security of the children is paramount.
- Parents must not share card keys with other parents or with friends or family members
 who come to drop-off or pick-up their children on their behalf. These individuals must
 check in with the office to sign the visitor log, present proper identification, and will then
 be provided access to your child's classroom.

ARRIVAL AND DEPARTURE INFORMATION

Parking Lot

Our parking lot offers a limited amount of parking for both staff and parents. Please drive with particular care and always be aware of small children getting in and out of vehicles and walking in the parking lot. Our speed limit in the lot is 5 MPH! For health, safety, and legal reasons, the Center must ask that children not be left in vehicles, that cars not be left running in the parking lot, and that keys be removed from vehicles. Please also be respectful of the handicap parking spaces and do not use them unless you have a valid permit issued by the State of New Hampshire. Our lot is patrolled and tickets will be issued to vehicles illegally parked in handicapped spaces.

Dropping Off and Picking Up

Arriving and departing can be a stressful time for both you and your child. Please keep in mind that the staff are used to dealing with all types of behavior and will usually have your child involved in the day's activities within minutes of your departure. In fact, it is generally true that the longer you linger in a classroom to comfort your child, the more difficult it becomes for you to separate from your child and for your child to transition smoothly. We encourage you to make the drop off process as brief as possible and trust that the staff will support your child during this transition.

The Center opens at 6:45 a.m.; please do not drop off your child before then. If staff members are in the building prior to 6:45, they have come in early to prepare for the day.

You must accompany your child into the classroom each day and notify the teacher that you have arrived. Sign your child in on the sign-in sheets located in each room. Please note the time and initial each day.

When you come to pick up your child, you must also sign them out with your initials and time of departure. When picking up your child, be sure staff is aware that he or she is leaving, check your child's folder for notes and check their cubby for artwork or projects.

Once your child is ready to leave the Center, you must monitor your child and help reinforce our policy that children stay with an adult at all times. Children must never run around in the Center, or out of the Center, unaccompanied. Cars are constantly arriving and departing, and we do not want your child to be at risk of a serious accident. Please guide children safely to your vehicle.

Alternate Pick-Up Contacts

Upon enrollment, we require submission of a list of people authorized to pick your child up from the Center. Only people authorized in writing will be allowed to pick up your child from the Center. We will require photo identification from an alternative person for your child. The Center reserves the right to act in the child's best interest, in the event of an unauthorized or incapacitated pick-up person, or if an alternate pick-up person fails to provide proper photo identification.

Divorce and Separation Note: Our Center strives to serve all families in the best possible way, especially during difficult transitions. It is our policy and goal to avoid being in the middle of any dispute between parents. If shared custody agreements or parenting plans are in place which impact pick-up and drop-off times, parents must provide the Center with an updated copy of such agreements/plans to ensure that arrivals and departures for your child/children are seamless. Unless we have an updated legal document on file, the Center cannot presume that one parent has more or fewer rights than the other and will not prevent either parent from picking up a child on any given day.

Late Pick-Up

We close promptly at 5:45 p.m. and children must be picked up on time. A late departure fee of \$1.00 for every minute per child will be charged. For example, if you are 10 minutes late picking up two children from the Center, your late fee will be \$20. The late fee is billed immediately and payment is due in the office at drop-off the following day. If you know you are running late, the staff and your waiting child will appreciate a phone call, but note that late fees still apply. Our staff is scheduled until 5:45 p.m. and staff members have obligations after the Center closes. Repeated tardiness at pick up may result in discharge from the Center. (*Please refer to our Termination Policy on page 9*).

THE CLASSROOMS

Our Ark

Our Ark has classrooms for children ages six weeks through kindergarten. Generally, the following guidelines are used for placing children in age-appropriate classrooms. Ages may vary depending on each child's individual development and needs.

Lambs 6 weeks - 9 months

Ducks 9 months - 15 months

Cubs 15 months - 24 months

Penguins 2-year-olds

Tigers 2 ½ to 3 ½-year-olds

Monkeys preschool/3-4year-olds

Bears preschool/3-4year-olds

Pandas pre-kindergarten/4- and 5-year-olds

Owls/Owlets Kindergarten/ pre-kindergarten

Placement Policy

Decisions about your child's classroom placement take into consideration his or her social, emotional and developmental needs. In our preschool programs, we also look at what is academically necessary for your child. Please feel free to discuss any placement concerns with your child's teacher and the Directors.

Classroom Transitions

As your child develops and matures, he or she will transition from one classroom to another. Our Center generally transitions groups of children in January, at the beginning of the summer, and the beginning of the school year. However, if it benefits your child's development, we may transition your child at other times. During transition times, your child will spend one to two weeks prior to the move visiting his or her next classroom and getting to know the staff. The staff will also orient parents to the new classroom by bringing them into the new room and introducing them to the new staff. This is a time when individual classrooms will explain their policies and procedures as well as to give you a welcome packet. Teachers also tell each other what they should know about the children, including important information such as allergies and medications. We hope to make these transitions as smooth and stress-free as possible. Please let us know if there is anything we can do to help you or your child make the transition.

Curriculum

Noah's Ark offers a developmentally appropriate curriculum in a center-based environment, designed to meet the individual needs of each child. Our curriculum is planned and implemented by our lead teachers, and overseen by administration. We understand that young children are sensory learners, and use our vast knowledge and experience to promote programs that foster self-esteem while stimulating and challenging each child in academics, music, art, social/emotional development and motor skills.

Nap Time

Naps are an important part of our day, and help with growth in all areas of development. In our youngest classrooms, children's individual nap schedules are followed and infants can nap whenever is necessary, as we understand that babies are different in this way. As children get older, we begin a more traditional nap schedule with quiet time after lunch. Each room has nap mats for each child. A special item such as a small stuffed animal or blanket makes the transition from your home to ours much easier. We encourage children to bring one favorite cuddly item and/or blanket that will fit easily in their Noah's backpack for naptime. Children are given the opportunity to nap or rest quietly. After a period of time, children who are unable to nap are given a quiet activity.

Diapers and Toilet Training

Parents will provide diapers, pull-ups and training pants as well as any diaper creams for changes. Noah's Ark will provide wipes for all children. We strongly recommend communication with your child's physician about toilet training. Children usually indicate readiness to be introduced to toilet training. We will not force children to sit on the toilet or a potty chair and we will not punish a child who has an accident. Close communication and continuity between parents and staff is critical in this area. If you are looking for resources to help parents in this area, please stop by the office to check out our parent resources.

Clothing

Each child should keep a spare set of seasonal clothing at the Center. All clothing and outerwear should be labeled with the child's name in permanent marker. Children are given the opportunity to participate in messy or wet activities indoors and outdoors. Parents are requested to send their children in comfortable and easily laundered clothes. Clothing and footwear should be weather and size appropriate, allowing for freedom of movement in both indoor and outdoor activities. Flip flops, dress shoes and open toe shoes are not a safe choice for school shoes and are not recommended. Please dress children in clothing appropriate for the season, as we play outdoors every day if the weather is not too severe. Please include: waterproof boots, waterproof mittens, a hat and snow pants in winter. Boots are still important for the wet spring weather and muddy ground. In the summer, include a swimsuit, towel and water shoes for water play. In addition to a full change of clothes, extra socks and underwear must be in each child's backpack. Smocks are provided for arts and craft activities, but enthusiastic, budding artists still manage to soil their clothes occasionally, so special or dressy clothes should not be worn to school.

Toys from Home

We request that toys from home NOT be brought to school. They are difficult to share and frequently become broken or misplaced. On scheduled "Show and Tell" days, any toys brought from home will be returned to the child's backpack for safekeeping upon completion of the group's Show and Tell time. We do encourage children to bring any books from home that they wish to share with their classmates. Please label them with the child's name! Noah's Ark is not responsible for lost or damaged items from home.

Discipline

Birthdays

Birthdays are special events and we look forward to celebrating with your child. Parents are encouraged to bring a special snack on that day. Party favors and goody bags are not necessary.

Please be sure to check with your child's teacher to get the correct number of snacks needed and to be informed of any restricted food items due to food allergies in the class.

Please discreetly place invitations for any off-site parties in a child's folder, or ask the lead teacher for assistance in distributing them, so as not to cause hurt feelings.

Lost & Found

We realize that from time to time items can get misplaced. We will make every effort to get things back to their rightful owners. You can help us by being sure to LABEL all belongings with

your child's name. Should we have some unclaimed items, we will put them out by the sign out sheets in each room or on the bench in the front hallway.

Photo Release

Photographs of the children participating in our programs may be taken from time to time and may appear in newspapers, magazines, brochures, social media or other publicity materials. As part of your registration packet, you will be asked to sign a form for permission to photograph your child. Should you request that your child not be photographed, we will respect your wishes and move your child to another activity while photos are taken.

Food

Lunch and snack menus are posted each month on the Parent Information bulletin board. Noah's Ark is part of the USDA Child and Adult Care food program. Any dietary restrictions must be in writing from the parent or legal guardian. However, Noah's is required by the state to ensure that children are receiving the proper nutrition. Should there be concerns, the Director may require the parents of any child to obtain and provide a written note from the child's licensed health care practitioner authorizing the dietary restrictions requested by a parent. If your child strongly dislikes a particular meal, feel free to "brown bag" for the day. We will always have a healthy snack alternative for those last-minute food aversions.

Infants: Noah's Ark provides formula (Sam's Club brand of Enfamil), Gerber rice and oatmeal infant cereal as well as Gerber fruits and vegetables. Parents need only supply clean and labeled bottles on a daily basis. If you choose not to use our formula, you will need to supply breast milk or formula specifically labeled with first and last names on both the bottle and the cover. The center will be unable to provide breast milk or formula that is brought to the center and is not labeled as directed. Breakfast is served only in the Lambs and Ducks rooms. Infants requiring breakfast must arrive before 8:30 a.m.

Special Diets and Food Allergies: Please discuss any specific dietary concerns with your child's teacher and the Directors.

Regular Diets: Lunch is supplied by the Center and is geared to youngsters' tastes, offering a variety of well-balanced meals. Whole milk is offered with the meals to children under two years and Fat free milk will be offered with meals to children 2 years old and over

Snacks: Healthy snacks and 100% fruit juice are offered in the morning and after naptime in the afternoon.

HEALTH AND WELLBEING

Child Health Records and Requirements

As required by the NH Bureau of Child Care Standards and Licensing: "Documentation of immunizations shall be on file for each child on the first day the child is in attendance at the child care agency in accordance with He-P 301.01 and RSA 141-C:20 and 21. Immunization records also need to be submitted every time your child receives a new series of shots. A child health form or an equivalent record of physical examination shall be on file at the child care agency for each child within 60 calendar days of the date of admission.

For children ages 5 and under, physical examinations shall be updated annually from the date of the admission physical.

For children ages 6 and older, child care agencies shall have on file a copy of the most recent physical examination record or physical examination update which is on file in the child's school provided the examination was completed within the past two years."

If documentation is not provided with 24 hours of written notice, the child will be suspended. Suspension will be allowed for up to 2 week's time before your enrollment at Noah's Ark is terminated.

Absences

Please notify us by phone when your child will be absent from the Center, as well as share the reason for and duration of the absence. Should your child be absent without a call, the Center will call you at your emergency contact numbers to verify the absence.

Health and Illness Policy

A variety of communicable diseases occur among young children, especially when they first begin attending a child care center. Because of the possibility of a disease spreading to other children and staff, we require that the children with the following contagious conditions be kept home for the times recommended by the State Division of Public Health Services:

Chicken Pox: The child must remain home until six days after the rash begins and/or all of the blisters are dried up and crusted over.

Conjunctivitis: (Thick, greenish yellow drainage from reddened eyes). Very contagious-requires antibiotic eye ointment or drops. Child may return to the Center when treated for at least 24 hours and eyes are clear of drainage.

Diarrhea: An increased number of stools compared with the child's normal pattern with increased stool water and/or decreased form. Child may return to the Center when stools have returned to normal.

Fever: If your child awakens in the morning with a fever of 100 degrees or higher, please keep him or her home. Temperatures during the day will be evaluated on an individual basis. Parents are notified if it is necessary for them to come to pick up the child.

Head Lice: Child may return to the Center after specific treatment is completed and lice and nits are completely removed from the child's hair.

Impetigo: Child may return to the Center when treated for at least 24 hours or if the area is able to be fully covered while being treated.

Rashes: Any undiagnosed rash that persists for more than 3-5 days or seems to be spreading may need to be seen by the child's doctor.

Scabies: (A contagious infestation of the skin. Often noted between fingers, behind knees, inner elbows and body creases.) Child may return to the Center when the appropriate treatment is given--usually within 24 hours.

Strep Throat: Must be treated with prescribed antibiotics for at least 24 hours before the child can return to the Center.

Vomiting: Child may return to the Center 24 hours after the last episode of vomiting.

When returning to the Center, a note may be required from your child's doctor specifying the nature of your child's illness and permission for the child to return to group care. The Center reserves the right to modify this provision based on current recommendations of the State and/or medical/health care providers.

When to Keep Your Child Home

When ill, children are much more comfortable in their home environment. **If your child shows** any signs of illness (vomiting, diarrhea, elevated temperatures, earache, sore throat, coughing, excessively runny nose, sneezing, headache, etc.) **please keep them home.**

Out of consideration for the other children at the Center, we ask that you do not medicate your child and then send them to school. Medication will only mask the symptoms of the illness; it will not decrease the exposure of the illness to the other children.

We understand that taking time off from work can be difficult, but our overall concern must be for the health and wellbeing of *all* children in attendance as well as our staff.

Please be assured that we will do our utmost to maintain a healthy, sanitary environment for your child - your cooperation and assistance is most appreciated. If you question whether your child should be with other children, please call and speak with us before you bring him or her to the Center.

If a child has been exposed to a communicable disease, Noah's Ark should be notified IMMEDIATELY. If appropriate, the Center will notify parents of all children known to have been exposed while at the Center. Please know that this will be done in a confidential manner. Children who are ill with a communicable disease should be kept at home until they are no longer contagious. As time goes by, your child will build up his or her immunities, thus lessening their chances of "picking up everything."

Illness at School

The general health of each child is monitored by staff throughout the day. Although we make every effort to keep children at the Center during scheduled hours, there are occasions when children become ill and need to be sent home. Parents will be notified if their child becomes ill during the day. Parents must make arrangements for sick children to be picked up within the hour. Every effort will be made to make the child as comfortable as possible while waiting for the parent to arrive.

If your child has an under the arm temperature of 100°F or greater, accompanied by behavior changes or other signs or symptoms of illness, they will be sent home. Signs of possible illness include unusual lethargy, irritability, persistent crying, difficulty breathing, uncontrollable coughing or wheezing, vomiting or diarrhea.

Medication Policy

We will NOT administer prescription or non-prescription medication unless it is accompanied by a written authorization from the parent AND a licensed health care provider. Prescription medication in its original container labeled with specific instructions, date, and physician's name will be given, with the label sufficing for the physician's note. Most pharmacists will happily accommodate a request to split a prescription into two labeled bottles to keep one at home and one at the Center. Any creams or medications need to be in their original containers. "Authorization to Administer Medication" forms are located in each classroom and all

medical information will be kept confidential. Please ask your child's teacher for help with these forms.

Emergency Health and Accident Plan

You will be notified immediately in case of any emergency involving your child. Your child will be taken to the hospital via ambulance should his conditions warrant. Parents or legal guardians will be responsible for fees incurred. It is very important to keep us informed of any change of address and work or home telephone numbers.

Accident and Incident Forms

Occasionally children do have minor injuries resulting from incidents during play. We will treat your child with basic first aid measures and report any injury/incident to you in person or phone call and document it on an accident/incident form. These forms will outline the events that took place to cause the injury as well as what treatment was given to your child. Parent or legal guardians are required to sign and return any accident or incident reports. If we do not receive your signed accident or incident report within seven days, we will regard your failure to submit the signed report as an acknowledgment that you accept the care your child received and/or the Center's response to the incident. Copies of these forms are available in the office.

Medical History

Please inform Noah's Ark if your child has any allergies, is on any regular medications, or has any medical conditions that may be pertinent to the care of your child. Any significant or lifethreatening allergies or conditions require an action plan from the child's medical provider.

Mandatory Reporting

Noah's Ark is committed to a safe, nurturing environment for children to grow and learn in a positive manner. The State of New Hampshire and the Division of Child, Youth and Families mandates that our staff immediately file a report to the DCYF if a staff member has any reason to suspect that a child in our care has been abused or neglected.

COMMUNICATION

Parent Folders

Each classroom has an area with folders for each child. In this folder, you will find a daily note about your child's activities, as well as how they ate, slept and played. The staff in your child's room will gladly talk to you if you need clarification about anything or want more information about the day.

Bulletin Boards

Outside each classroom, you will find a bulletin board with staff photos, monthly calendars and other helpful information. Be sure to check these monthly. In addition, our Parent Information bulletin board is located in the main hallway. This serves as a central place to notify parents of events happening at the Center as well as posting of menus and fee schedules.

Newsletters

Each classroom will send home a monthly newsletter detailing events of the month and letting you know of special happenings in the room

Website and Social Media

Noah's Ark communicates important information online, through its website and a Facebook page. All documents sent home are also posted at www.noahsarknh.org, including event notices, lunch menus and classroom newsletters. Follow us on Facebook for updates and reminders.

Please do not contact teachers via social media regarding Center related matters, such as school policies or to inquire about classroom incidents. It is important for parents to follow the Center's policies for communication when there are questions or concerns. The staff have Noah's Ark issued email addresses and have been instructed to refrain from answering questions pertaining to the Center via social media.

Parent Conferences

Conferences with parents shall be scheduled at the request of the individual parents, teachers or administration. Annual conferences are scheduled for the kindergarten students and optional conferences are held in the pre-kindergarten program.

Please keep us informed of any special events or problems that might be affecting your child. In addition, we encourage you to call whenever you have a question or concern about your child, the program, or when you just want to see how they are doing that day. If you have anything to discuss that will take more than a minute or two, the teacher may need to arrange to call you back at a mutually convenient time.

Grievance Procedure

If at any time you have a question or concern regarding the care given at the Center, please speak first with your child's teacher or the Center director. Noah's has a very strict policy addressing your concerns. It is imperative that all concerns immediately be brought to the lead teacher in the first instance whenever possible. If you are not comfortable sharing your concerns with the lead teacher or if your concerns pertain to the lead teacher or another member of the

staff, please bring your concerns directly to the Assistant Directors or the Executive Director. Depending on the nature of the concern, the decision of the Executive Director may be appealed in writing to the Board of Directors, which shall have sole discretion to schedule a meeting with the parent or guardian. All decisions of the Board are final.

PARENT INVOLVEMENT

Center-Wide Events

Our sense of community at Noah's Ark is enhanced by a year-long calendar filled with Centerwide events. These events bring us together as a community, help parents get to know each other, and celebrate the wonderful milestones, achievements and goals of our children.

Some examples of these events include: School Spirit Week (January), Valentine's Day (February), Week of the Young Child (April), Easter parade, Mother's Day tea party (May), Kindergarten graduation (June), Father's Day celebration (June), ice cream social (July), Halloween costume parade (October), Thanksgiving feast (November), holiday open house (December), and a biennial art show.

In addition, we have fundraisers, book fairs and community events throughout the year. Check the Parent Information bulletin board regularly for upcoming events.

Board of Directors

As a non-profit child care center, and per our founding bylaws, we are governed by a Board of Directors. This is a volunteer Board made up of parents and members of the community. The Board of Directors works directly with the Executive Director to ensure the future success of the Center. The Board of Directors may look for volunteers that have a background in information technology, human resources, marketing, finance, fundraising, but is also looking for people who are willing to help with fundraising and event planning. Not only does volunteering for the Board of Directors offer a higher level of insight into your child's care but also provides you with the ability to make changes, get involved, and help move the Center forward in a positive direction.

The Board of Directors holds monthly meetings, but may also hold additional committee meetings for projects that require additional time commitment.

If you are interested in joining our Board of Directors and participating in policy decisions, fundraising, and being involved in the future growth of the Center, please contact the administration or any Board member. You can find information about the Board of Directors on the website and also on the information board.

Visitation

Parents are always welcome to drop in, and are encouraged to spend time at the Center when they can. Please keep in mind that once you arrive your child naturally regards you as the foremost authority figure. To make the time pleasant for all, please help the teachers and your child by continuing to follow the guidelines and practices that the teachers use for all the children throughout the day. If you are unsure of what is appropriate, please do not hesitate to ask, the teachers will be happy to help.

Volunteering, Donations and Fundraising

Noah's Ark accepts donations and relies on fundraising to support our programming and to enhance our learning environments. If you have items or services that you are interested in donating to the Center please contact the office. In addition, we hold several fundraisers throughout the year. We are always looking for volunteers to help with these events. Monetary donations may be made at any time and may be designated for any purpose by the donor. Donations are tax deductible.

** Please Note that policies in this handbook are subject to change due to unforeseen circumstances. Parents will be notified of any changes.

PARENT CONTRACT

Please sign and return this form acknowledging that you have received, read and understand the procedures contained in the Parent Handbook.						
I have read, understand and agree to abide by the policies outlined in the Noah's Ark Child Care Center Parent Handbook. I agree to the release of my address, phone, and email within the Center for the purpose of class directories and Center-wide e-mail notifications. (This information will only be used for Center purposes and will not be shared with any outside parties.) I agree to the photo release of my child for bulletin boards at the Center, newsletters, area newspapers, and media outlets, Noah's Ark website, social media, teacher projects and other Center-related public relations and marketing tools. *Should you have restrictions for your child's photo please indicate below:						
					Information as you would like it to appear	•
					Child(ren's) Name	
					Parent(s) Name(s)	
Address	-					
Mother's Phone#	Father's Phone #					
Mother's Email	_Father's Email					
Parent's Signature						
Executive/Assistant Director's Signature						
Date						
Please sign and return this page to the Cent reference.	er office. Keep the handbook for your					
Initial and date below for annual updates:						